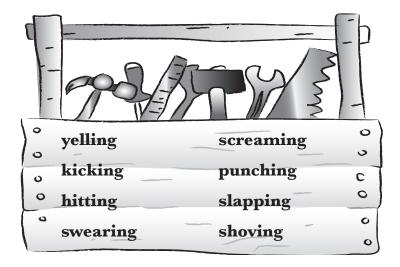
Teaching Values of Being Human

The human brain; activities to celebrate its wiring for incredible growth

Identify your tools

Highlight in red the tools you grab sometimes, but don't work so well. Highlight in green the tools you'd like to grab and use more often.

Can you share a time when you grabbed one of the tools you coloured in red and things didn't work out so well? We've all experienced this! It can be tough at the time but funny when we look back on it. It's how we learn!



The AGGRO Tool Box

When you choose tools from this tool box, you will get angrier and others usually get angrier too.

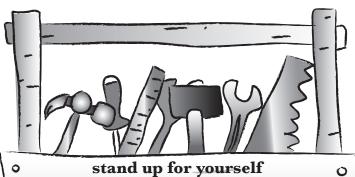


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0	dobbing	playing the victim	J
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0	sulking	whining	0
0	complaining	crying _	O
	-		0

The WEAK Tool Box

Using the tools from this tool box does not really help the problem. The problem will stay with you, and you will feel bad.





The COOL Tool Box

When you choose a tool from this tool box you choose to start thinking. Once you start thinking you'll find there are millions of ways to solve problems.



0	be KIND, be STRONG – say what you must	
0	- assert yourself —	0
_	ignore it – don't give it power	
0	walk away – this isn't worth it	0

help to find a compromise