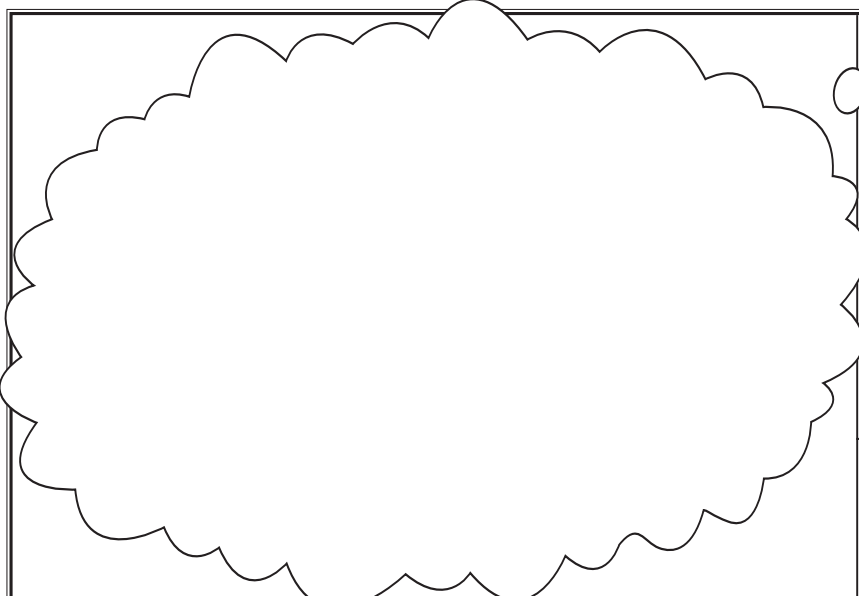


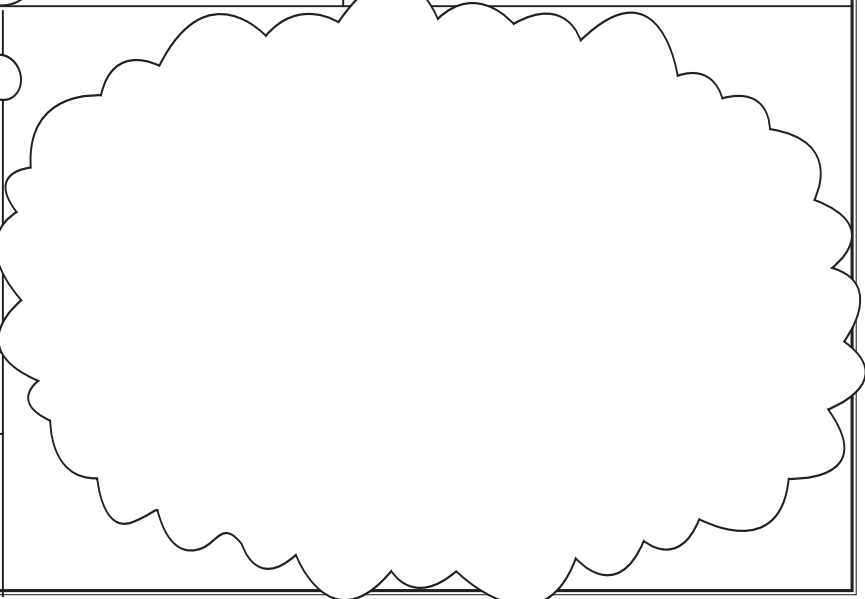


# Teaching Values of Being Human

The human brain; activities to celebrate its wiring for incredible growth  
***Build your neuroplasticity by taking charge of your thinking!***

Do you **THINK** before you act, or do you **JUMP IN** and go for it?"

As we learn more about ourselves, we become the boss of our thinking. Suddenly, we begin to control when we slow our reactions down, plan and think more deeply about what we do next. Or, we decide that this is a perfect moment to jump in, act fast and get a quick result.

	 <p><b>THINKER</b></p> <p>Draw or write about a time when you slowed your thinking down, and thoughtfully solved a complicated problem.</p>
 <p><b>JUMPED IN</b></p> <p>Draw or write about a time when you faced a problem, immediately jumped in, and saved the day!</p>	

***How do you know the best way to problem solve?*** \_\_\_\_\_

\_\_\_\_\_

***When is it best to slow your thinking down and think before you act?*** \_\_\_\_\_

\_\_\_\_\_

***When is it best to jump in, be fast and have a go?*** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_