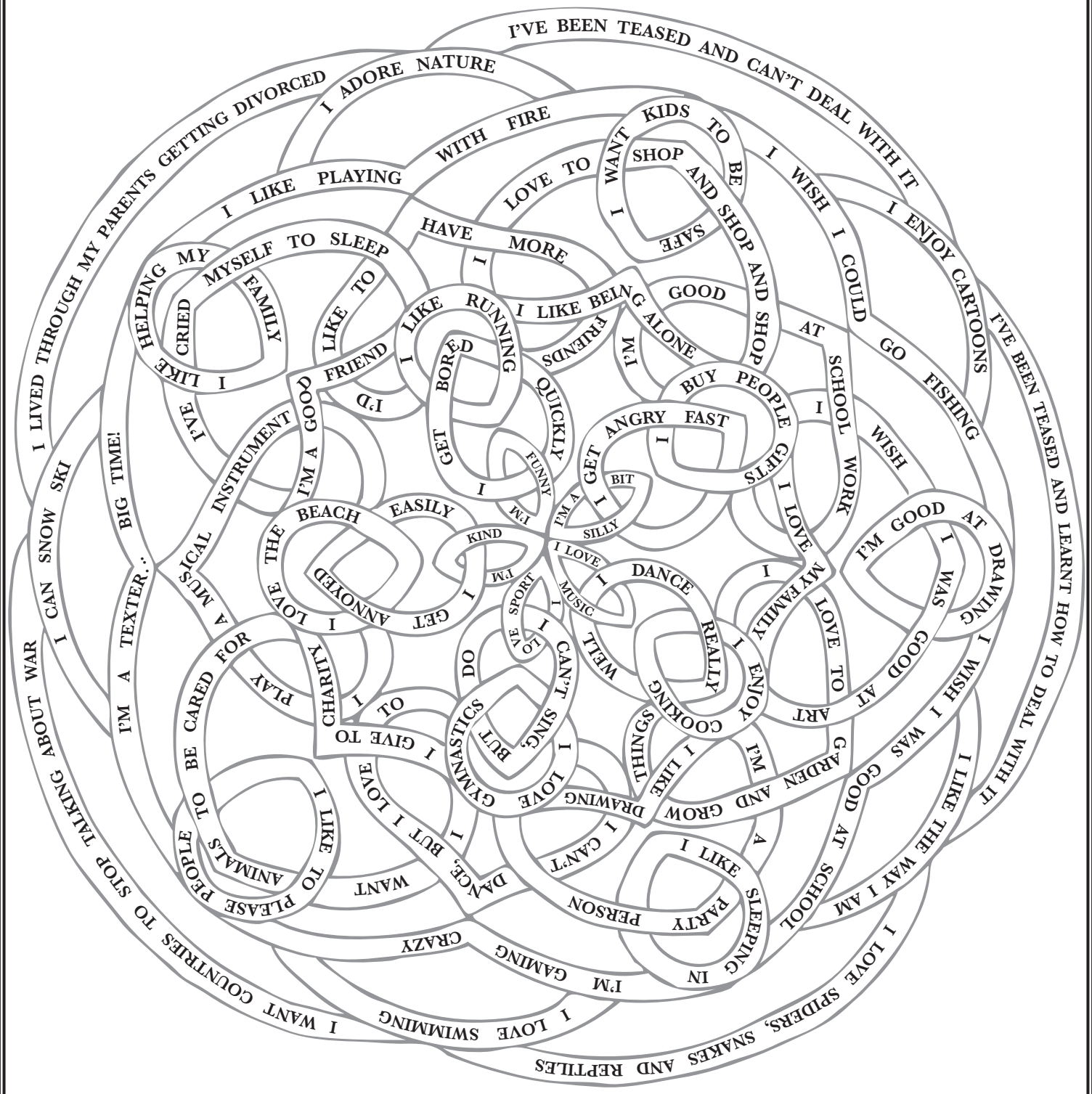
Teaching Values of Being Human

Stimulating self-awareness and building identity

I like to …

Colour phrases that reflect how you identify your life. Be careful as the pathways twist about – just as real life does. Keep away from the phrases and thoughts that have nothing to do with how you think or see yourself. Happy hunting!



Celebrate who you are and what you're about.
Also celebrate the possibilities of change.
It's this wonderful mix of strengths, interests and hope that makes you, you!

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