

Teaching the Values of Being Human

Quick start connections – building trusting relationships

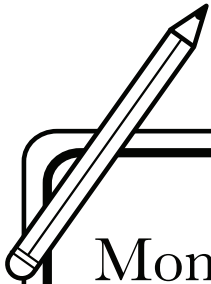
Hunt down the good stuff

A few young people benefit by a little personal support to help them bring a resilient close to their school day. One way is to check in with them privately at the end of the day, just for a few moments, before they for home.

Ask them to hunt down the 'good stuff' from the day.

Week beginning Monday __/__/__

Rating 1 - a terrible day **3** - an average day **5** - a great day



Mon

1	2	3	4	5
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On a positive note: _____

On a negative note: _____

Tues

1	2	3	4	5
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On a positive note: _____

On a negative note: _____

Wed

1	2	3	4	5
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On a positive note: _____

On a negative note: _____

Thurs

1	2	3	4	5
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On a positive note: _____

On a negative note: _____

Fri

1	2	3	4	5
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On a positive note: _____

On a negative note: _____