

# Teaching the Values of Being Human

Quick start connections – building trusting relationships

## *A survey 'about me'*

**Name** \_\_\_\_\_

**Birthday** \_\_\_\_/\_\_\_\_/\_\_\_\_

*A picture of me*



**Star sign** \_\_\_\_\_

**The people in my family are** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**My friends are** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**My pets** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

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## Things I like

*To do at home* \_\_\_\_\_

\_\_\_\_\_

*To do alone* \_\_\_\_\_

\_\_\_\_\_

*To do with my friends* \_\_\_\_\_

\_\_\_\_\_

*To do with my family* \_\_\_\_\_

\_\_\_\_\_

*To do, especially with mum* \_\_\_\_\_

\_\_\_\_\_

*To do, especially with dad* \_\_\_\_\_

\_\_\_\_\_

*To do at school* \_\_\_\_\_

\_\_\_\_\_

*My favourite TV show is* \_\_\_\_\_

*My favourite series is* \_\_\_\_\_

*My favourite food is* \_\_\_\_\_

*My favourite colour is* \_\_\_\_\_

*The best fun is when* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



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**Things I do NOT like...**

*About school* \_\_\_\_\_

\_\_\_\_\_

*About home* \_\_\_\_\_

\_\_\_\_\_

*To do* \_\_\_\_\_

\_\_\_\_\_

*About my friendships* \_\_\_\_\_

\_\_\_\_\_

*About my brothers/sisters* \_\_\_\_\_

\_\_\_\_\_

*About mum* \_\_\_\_\_

\_\_\_\_\_

*About dad* \_\_\_\_\_

\_\_\_\_\_

*About my teacher* \_\_\_\_\_

\_\_\_\_\_

*To do in the classroom* \_\_\_\_\_

\_\_\_\_\_

*To do at school* \_\_\_\_\_

\_\_\_\_\_

*My worst time is when* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



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## Worries

*A few things I worry about are* \_\_\_\_\_

\_\_\_\_\_

*I mostly worry about* \_\_\_\_\_

\_\_\_\_\_

*I can stop my worries if I* \_\_\_\_\_

\_\_\_\_\_

*The person who helps me most when I'm worried is* \_\_\_\_\_

\_\_\_\_\_

*I share my worries with* \_\_\_\_\_

*I could share my worries with* \_\_\_\_\_

## Changes



*These are things about myself I have changed* \_\_\_\_\_

\_\_\_\_\_

*These are things about myself I'd LIKE to change* \_\_\_\_\_

\_\_\_\_\_

*These are things about myself I can NEVER change* \_\_\_\_\_

\_\_\_\_\_

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**Teachers**



*The best thing about my teachers* \_\_\_\_\_

\_\_\_\_\_

*The hardest thing about my teachers* \_\_\_\_\_

\_\_\_\_\_

**I know...**

*Others think I'm* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Others respect me when I* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*I annoy people when I* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*I can trust and talk to* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Things would be better for me if I* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



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**I try**



*I try my best when* \_\_\_\_\_

*I don't feel like trying when* \_\_\_\_\_



**My feelings**



*I feel I'm good at* \_\_\_\_\_

*I feel I'm getting better at* \_\_\_\_\_

*People don't realise that I'm* \_\_\_\_\_

*I get disappointed when* \_\_\_\_\_

*I feel happy when* \_\_\_\_\_

*I feel proud when* \_\_\_\_\_

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**I wish**



*I love mum, and wish* \_\_\_\_\_

\_\_\_\_\_

*I love dad, and wish* \_\_\_\_\_

\_\_\_\_\_

*I really wish that* \_\_\_\_\_

\_\_\_\_\_

*I wish teachers would* \_\_\_\_\_

\_\_\_\_\_

*If I had one amazing wish, I would wish* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Mum and Dad**

*It would help my mum if I* \_\_\_\_\_

\_\_\_\_\_

*It would help my dad if I* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

